

Kathleen Ouellette, M.A., RCC

Marine Building

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Vancouver, BC V6C 2G8

Phone 683-2551 - Cell 341-1648

1996-Present

PRIVATE PRACTICE

Mission Place Mall, Mission, B.C. & Marine Building, Vancouver, B.C.

Mediation – Private and Corporate Clients

Counselling - Individuals, Couples and Family

Parenting Co-ordinator

1995-1999

COUNSELLOR/MANAGER

Mission Community Services Society Counselling Centre

Executive Director: Joy Cox

Responsibilities:

Managing staff and reporting to Board of Directors

Provide counselling services to individuals and couples in the area of:

- family-of-origin, sexual abuse, grief/loss, depression, stress/coping, anxiety, PTSD and relational issues
- teach/facilitate seminars, educational and therapeutic groups
- act as a liaison between community resources such as ICBC, WCB, medical practitioners and referred clients
- develop flexible treatment agendas for clients
- co-ordinate and manage intake assessments, case referrals, and staffing needs
- assess clients' financial placement on sliding scale for fee for service
- provide direction for continued development and promotion of the Centre, in conjunction with the executive director

1995 - 1997

PARENT - TEEN MEDIATOR

Mission Community Services Society Services to Families Program

Manager: Phil Glaister

Responsibilities:

provide counselling services to teens and their families in the area of:

- conflict resolution, communication, anger management, assertiveness, and family-of -origin issues
- supervise and train youth workers and volunteers
- teach/facilitate seminars and educational groups
- facilitate therapeutic groups
- communicate/liaise regularly with local ministries, agencies, and community resources
- Provide consulting services to various programs within the community (i.e. group or foster homes, transition houses, Victims assistance)

1993 - 1995

ASSISTANT CO-ORDINATOR/COUNSELLOR

Access House (residential treatment centre for adolescent sex offenders)

Coordinator: Marion Haden

Responsibilities

- supervise staff and residents
- write intake assessments, progress reports and daily internal reports
- conduct on-going group therapy sessions, individual counselling, and crisis intervention
- communicate regularly with probation officers and the Ministries of Social Service and Mental Health
- provide educational workshops for community professionals surrounding both the treatment and safe re-integration of young offenders

THERAPUTIC GROUPS AND EDUCATIONAL WORKSHOPS TAUGHT

Wellness in the Workplace	Early Child Care Professional	1999
Wellness in the Workplace	Early Child Care Professional	1998
Trauma/Crisis Intervention	Victims Assistant	1997
Therapeutic Group (adults with issues of anger)	MCSS CC	1997
Anger Management (young teens)	MCSS/MCF	1996
Anger Management (late teens)	MCSS/MCF	1996
Therapeutic Group (adults with issues of anger)	MCSS CC	1996
Conflict Resolution (training For Teen Drop-in volunteers)	MCSS	1996
Parenting Education Group	MCSS	1996
The Treatment for Adolescent Sex Offenders	Vancouver School Board School Psychologists and Counselors	1994/95
Adolescent Sex Offenders		1995
Family Reunion Support (families of adjudicated Youths)		

EDUCATION

- 1997 Master's Degree in Counselling Psychology
Adler School of Professional Psychology, Chicago, IL
- 1990 Bachelor's Degree in General Studies (Philosophy/Psychology)
Simon Fraser University, Burnaby, BC
- 1988 Language Certificate, Mandarin
Jilin University, Changchun, China
- 1984 Language Certificate, French
University Laval, Quebec City, PQ

PROFESSIONAL DEVELOPMENT

Certified Level 1, Eye Movement Desensitization and Reprocessing (EMDR)
November 1997 - Vancouver

Attention Deficit Hyperactivity Disorder (ADHD)
November 1997 - St. Paul's Hospital, Vancouver

10th Annual HIV/AIDS Conference "Learning from Each Other" and Pre-Conference "HIV Counsellor
Training. Sponsored by Continuing Education in the Health Sciences, UBC
October 1997 - Vancouver

International Conference of Marriage and Sex Therapy Techniques and Interventions
1999 - Waterfront Conference Centre - Vancouver

Symposium to address issues of residential abuses.
2000 – Sto:lo Nation – Xyolhemeylh - Mission

Caught in the Middle: The Family Therapist as Custody/Access Evaluator
February 9, 2001

Traditional Healing and First Nation Traditions
2001 – Sto:lo Nation – Chilliwack

Brain Science Matters in Mental Health
Understanding and optimizing the brain for enhanced diagnosis and treatment
2002 – Empire Landmark – Vancouver

Treating Complex Psychological Trauma
October 31 – November 4, 2005 – Puerto Vallarta

Narrative Conference – Therapeutic Conversations
Vancouver, May 31, 2006

Parenting Coordinator Training
Sept 2013- March 2014
Conflict resolution, Communication for mediators and Principles of arbitration
Family and Child Law, Family Violence Screening, Civil Procedures